



**Dr. Donald Walters, Dr. Peter Molloy and Dr. Krysia Zancosky**

**MAGNESIUM CITRATE/DULCOLAX (BISACODYL) TABLET TWO DAY COLON BOWEL PREP**

Name: \_\_\_\_\_ Procedure Date: \_\_\_\_\_

Location:

- Benbrook Medical Center, **Building #1**, 102 Technology Drive, Butler, PA
- Butler Memorial Hospital, One Hospital Way, Butler, PA

**Medication Restrictions:**

If you are taking any of the blood thinners listed below, you **MUST** call and inform the doctor prescribing these medications that you are referred for a colonoscopy. Contact the prescribing provider **at least one week** prior to the procedure to ask if it is safe to stop your blood thinner. Also clarify when you should stop and restart the medication. If your physician instructs you **NOT** to stop the medication, please **NOTIFY** our office immediately.

**Coumadin**

**Pradaxa**

**Eliquis**

**Brilinta**

**Warfarin**

**Xarelto**

**Effient**

**Plavix**

If you are taking an **iron supplementation** or **iron-containing medication** including a multi-vitamin, you **MUST** stop taking these medications **seven (7) days** prior to your procedure.

You **MAY** take any **cardiac** or **blood pressure medication** as usual, at least **two (2) hours** prior to your procedure with just a sip of water.

If you are **diabetic**, please **DO NOT** use **insulin** or take any **other diabetic medication** on the day of the procedure until **after** your procedure, unless otherwise instructed by your primary care physician.

All other medication only need to be held the day of your procedure. These include, but are not limited to prescription medications, supplements, Aspirin, Ibuprofen, Motrin, Advil, Naprosyn, Naproxen, Aleve, Fish Oil, Omegas and Glucosamine. You may take these the evening prior and/or as soon as you return home.

**Since you will be receiving sedating medications or narcotics, you are required by law to be accompanied by someone to drive you home when you are ready for discharge. You may not drive or return to work until the morning after your procedure.**

**\*\*\*Purchase three (3) bottles of Magnesium Citrate and ten (10) Dulcolax laxative tablets at the pharmacy, which is available over-the-counter. Please use the instructions listed below.**

### **Two Days before the procedure:**

**No solid foods for entire two (2) days starting from the time you wake up.** You may have only clear liquids including: coffee or tea without milk, clear fruit juices (apple, white grape, and white cranberry), jello (without fruit), broth or bouillon, Italian ice, ice pops, Gatorade, Hi-C, Kool-Aid and any sodas (*diet or regular*).

**No liquids colored RED or PURPLE. No alcoholic beverages allowed. There is no limit to how much you can drink. You are encouraged to drink as much as possible.**

**12:00pm (noon):** take 2 Dulcolax laxative tablets. Do not crush or chew tablets. Please consume at least 8 oz glass of water following the tablets.

**4:00pm:** take 2 Dulcolax laxative tablets. Do not crush or chew tablets. Please consume at least 8 oz glass of water following the tablets.

**7:00pm** Drink one (1) entire bottle of Magnesium Citrate

**Please note: The full, bloated feeling that you may experience should subside as bowel movements begin.**

### **One (1) Day before the procedure:**

**No solid foods -** You may have only clear liquids including: coffee or tea without milk, clear fruit juices (apple, white grape, and white cranberry), jello (without fruit), broth or bouillon, Italian ice, ice pops, Gatorade, Hi-C, Kool-Aid and any sodas (*diet or regular*). **Avoid liquids colored RED or PURPLE. No alcoholic beverages allowed. There is no limit to how much you can drink. You are encouraged to drink as much as possible.**

**12:00pm (noon):** take 2 Dulcolax laxative tablets. Do not crush or chew tablets. Please consume at least two (2) 8 oz glass of water following the tablets.

**4:00pm:** take 2 Dulcolax laxative tablets. Do not crush or chew tablets. Please consume at least two (2) 8 oz glass of water following the tablets.

**7:00pm** Drink one (1) entire bottle of Magnesium Citrate

**9:00pm** Take 2 (two) Dulcolax laxative tablets. Do not crush or chew tablets. Please consume at least two (2) eight ounce glasses of water following the tablets.

### **Day of Procedure:**

**Four (4) hours prior to leaving your home,** drink the entire third bottle of Magnesium Citrate.  
**Nothing else by mouth until after your procedure.**

### **Additional information:**

You will be contacted by telephone the day before your procedure to confirm your arrival time unless your procedure is on a Monday; then you will be called the Friday before. If you need to cancel, please call our office at 833-391-0654 or the number is listed below for the site at which you are scheduled.

**Benbrook Surgical Center 724-431-0740**

**Butler Memorial Hospital 724-284-4595**

If you wish to cancel the procedure, please notify our office within 72 business hours of the procedure. Failure to notify the office of the cancellation may result in additional charges as well as a fee for non-cancellable ancillary services. Also, for any questions and/or concerns, please call the office at 833-391-0654.