

## The BHS Heart Failure Clinic Team



**Laxman Prajapat, MD, FACC**

Dr. Laxman Prajapat is a graduate of the Sawai Man Singh Medical College in India. He completed residencies at Sawai Man Singh Medical College and St. Vincent Hospital.

He completed fellowships at Mount Sinai Hospital, St. Vincent Hospital and Allegheny General Hospital.

Dr. Prajapat's specialty areas include Interventional Cardiology, Heart Failure and Pulmonary Hypertension. He is board certified in internal medicine, echocardiography, nuclear cardiology, cardiology and interventional cardiology. He sees patients in Butler, Clarion and New Castle.



**Emily Stefaniak, CRNP**

Emily Stefaniak is a board-certified nurse practitioner with a special interest in cardiovascular health. She is a 2000 graduate of UNC-

Chapel Hill School of Nursing and a 2004 graduate of Clarion University with a Master's Degree as a Family Nurse Practitioner. Emily has ten years of combined experience in internal medicine and cardiology. She offers knowledge and compassion to the patients of the CHF clinic.

## BHS Heart Failure Clinic

### **BUTLER**

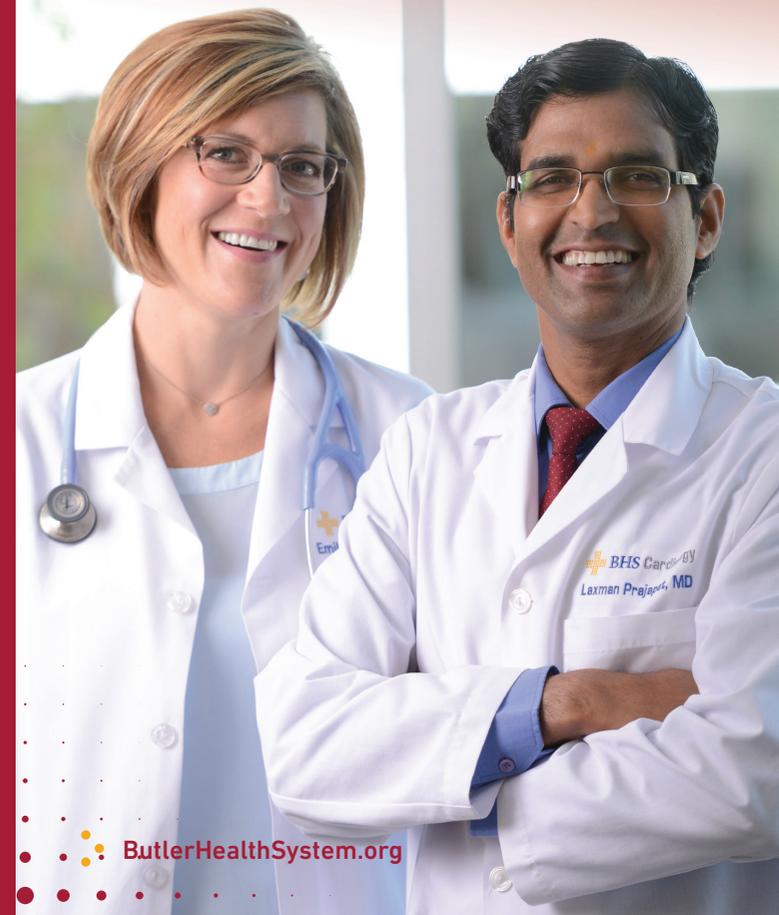
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 [ButlerHealthSystem.org](http://ButlerHealthSystem.org)

 BHS Heart Failure Clinic

# Evaluating Patients with Heart Failure



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## BHS Heart Failure Clinic

The team at the BHS Heart Failure Clinic is dedicated to providing expert care to our patients through personal attention, support, and education.

Heart failure occurs when the heart cannot pump enough blood to meet the needs of the body's organs. A variety of underlying heart conditions that damage or weaken the heart and its vessels can lead to heart failure.

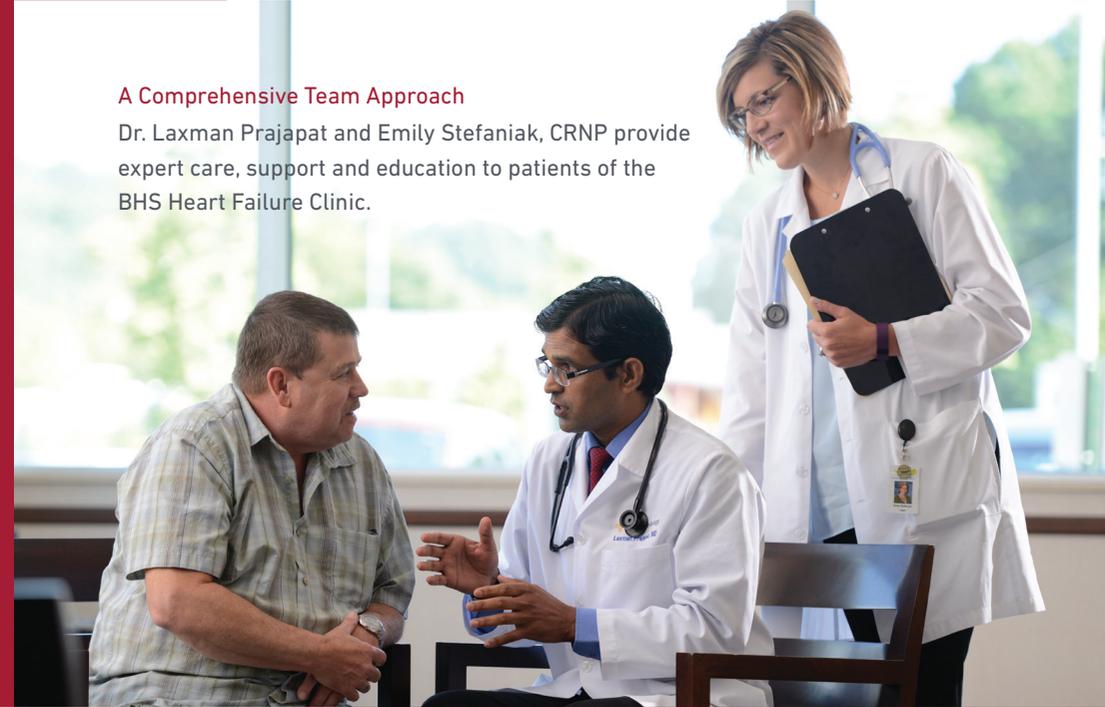
Heart failure can be well managed when patients have access to a comprehensive program of medical treatment, education, and rehabilitation.

The program at the BHS Heart Failure Clinic is designed to meet the challenge of caring for the growing population of heart failure patients.

The comprehensive program focuses on improving quality of life through expert medical treatment, vital education, close follow-up, and support services.

### Symptoms of Heart Failure

- Fatigue and weakness
- Shortness of breath
- Swelling
- Sudden weight gain
- Reduced activity tolerance



#### A Comprehensive Team Approach

Dr. Laxman Prajapat and Emily Stefaniak, CRNP provide expert care, support and education to patients of the BHS Heart Failure Clinic.

### How the BHS Heart Failure Clinic Can Help You

Committed to providing needed services for patients diagnosed with Heart Failure, the BHS Heart Failure Clinic offers the following benefits:

- Provide expert medical attention
- Close monitoring of your health
- Prescribe changes in your medication and treatment
- Provide tools you can use to maintain a healthy lifestyle and manage your symptoms
- Dietary counseling
- Work closely with your own primary heart doctor

### What Our Patients Are Saying



Richard Kennedy

*"How do you thank the people that saved your life? I'm living proof that the Butler Health System does miracles. I was at the right place, at the right time, with the best -- and right people."*